

**2019**

**North Norfolk Festival  
of Performing Arts**

**28<sup>th</sup>**

**Dance Festival  
Syllabus**

**6<sup>th</sup> & 7<sup>th</sup> April 2019**

**Auden Theatre, Gresham's School, Holt**



**Entries Close 15<sup>th</sup> February 2019**

North Norfolk Festival of Performing Arts (formerly Cromer and North Norfolk Festival of Music, Dance and Speech) is affiliated to the British and International Federation of Festivals.

Registered Charity No:1038110



President: Mr T Keeler

Vice Presidents: Mrs C Anderson  
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Chairman: Mr K Hobday Tel: 01263 579196

Vice Chairman: Mrs P Durrant Tel:01263 515247

Treasurer: Mrs A Bowles Tel: 01263 579196

Secretary: Mrs S. Thomson Tel: 07887 722689

Committee  
Members: Mrs S Webster  
Mr S Fordington

Administrator: Mrs Michelle Bagnall

**Closing date for entries 15<sup>th</sup> February 2019 or earlier if sufficient numbers have been received.** Late entries may be allowed in exceptional circumstances and on payment of an extra fee.

### **Conditions of Entry**

Entries must be made online at [www.northnorfolkdance.org](http://www.northnorfolkdance.org). There is no paper entry form in 2019. All fees must be paid using the online banking details. This is the first year we have used online booking and whilst every care has been taken to predict every eventuality, we may experience some teething problems. In the event of any issues please email - [northnorfolkfestival@gmail.com](mailto:northnorfolkfestival@gmail.com) or ring 01263 579196

Ages are reckoned as on the **1st September 2018**

The Committee reserves the right to refuse any entry

Performers unable to attend when their class is held must forfeit their entry

No performers will be allowed to enter more than once in the same class.

### **Copyright**

This Festival is affiliated to the British Federation of Festivals and participates in its Group Licence to cover payment of fees for the use of recorded music at its events. Teachers using CD'S created from commercial recordings are advised that they should themselves seek permission from the record companies concerned to re-record, as the Festival cannot take responsibility for this.

All performances using music from shows in current production are subject to copyright law. Where dance/movement and costume are included in a performance copyright permission is required and the Festival Committee accepts these entries on the basis that the appropriate permission has been sought. Performers or teachers with queries on how to obtain copyright permission for performance items should contact the British and International Federation of Festivals. Tel: 01625 503229 before making their entry.

## **Eligibility**

Festival classes are for amateurs only. An amateur is someone who does not derive their livelihood from the branch of performance, defined by the class title, in which they seek to enter the Festival. In any ensemble, all members must adhere to the that principle.

## **Dance Information and Advice**

Pointe work is not allowed for any entrant under 13 years.

Fixed Taps (single sound) only may be used for Tap Dancing.

Time limits for dances must not be exceeded. Times will be checked from the first note or word of the accompaniment or if it should occur first the initial movement of the dancer, to the dancer's final movement at the end of the dance. A musical exit may be included on the recording provided it falls within the time limit. A bell or buzzer will sound if the time limit has overrun.

Spoken or recorded narrations after the steward's announcement will be included within the time limit for the dance. When requested in advance the steward will announce the title of the dance and if the story is obscure a short synopsis not more than 30 words.

**NEW - When accompaniment is recorded it should preferably be on a memory stick in .mp3 or .wav file format. It can be provided on a CD also.**

The memory stick or CD should be clearly marked with the performers name, class number, performance number and Dance School. They must be handed in at the music collection point 30 mins before the class starts and collected at the end of the session. Please bring a back-up version for emergencies

The choice and interpretation of the accompaniment as well as the quality of recording and suitability of recorded vocals will be taken into account by the Adjudicator.

If pre-recorded music is used in any Song and Dance section it must not include any singing or chanting. Pre-recorded music in any tap sections must not include any recorded tap or similar sound.

The Adjudicator may stop any performance when his/her judgement has been formed.

**Discussion with the Adjudicator concerning any matters relating to the dance festival by performers, teachers, parents or other interested parties, is not permitted during the Festival. Any queries or problems should be taken to the Festival Organisers.**

### **General Information**

Performers will be notified as to the time and date of their class as soon as possible after the closing date, via email sent to their dance teacher. Performers are asked to attend at least 30 minutes before their class starts and must sign in and out each day.

No alterations in times of classes can be made once the programme is printed. The order of performance is as printed.

The Festival Committee reserves the right to appoint replacement or additional adjudicators and to modify or cancel any arrangements detailed in the Syllabus. In all cases the Committee's decisions are final. The stage and back-stage areas are out of bounds to all except authorised persons and performers. All Dance School helpers must sign in at the 'Booking In' table. Only those who have signed in will be allowed back-stage.

**Photography, video and mobile phone recording during all performances is prohibited. Cameras will not be allowed in the auditorium. This is to comply with our Child Protection Policy and copyright law.**

**The Auden Theatre including Gresham School Grounds is a NO SMOKING area**

#### **Child Protection Policy**

The NNFPA has a Child Protection Policy. A copy of this policy for all performers parents, and dance schools is available at

[www.northnorfolkdance.org](http://www.northnorfolkdance.org)

## **Stewarding**

If you are interested in being involved with the Dance Festival and its continued success, you may like to become a volunteer steward. For details contact - Mr Keith Hobday Tel: 01263 579196

**Bursary Awards** - These will be given to the most promising dancers.

There will be the following Bursary Awards in 2019

**Junior Solo** - awarded by Cromer and Sheringham Operatic and Dramatic Society.

**Senior Solo** - awarded by the NNFPA Committee

**Duet** - awarded by the NNFPA Committee.

**Trio, Quartet or Group Dance** - awarded by the NNFPA Committee.

## **Awards**

<b>Honours (Outstanding) 90+</b>		An exceptional performance, both technically and artistically
<b>Distinction</b>	<b>87 - 89</b>	An excellent performance technically and artistically
<b>Commended</b>	<b>84 - 86</b>	A convincing performance technically and artistically
<b>Merit</b>	<b>81 - 83</b>	A capable performance showing some artistic and / or technical ability
<b>Credit</b>	<b>78 - 80</b>	A performance showing (Moderate) development of technique and/or communication
<b>Performers</b>	<b>75 - 77</b>	A performance limited in its (Fair) communication

All performances receive an adjudication report

## **Adjudicator 2019**

### **Mrs Catherine Ingram**

MA Dance Technique Pedagogy LISTD

Catherine Ingram has been the Principal of a large dance and theatre school for 30 years. After training in classical ballet, modern theatre, jazz and tap dance, Catherine pursued her passion to train as a teacher with the Imperial Society of Teachers of Dancing, gaining Licentiate status, and furthered her training to become an Approved Tutor for the ISTD DDE qualification. Catherine graduated from Middlesex University with a First Class Masters Degree in Dance Technique Pedagogy.

During her teaching career, Catherine has successfully launched many students into the performing industry, including London's West End, cruise ships, and touring companies. She has produced, directed and choreographed many musical theatre productions, including Joseph and the Amazing Technicolor Dreamcoat, Rent, Bare, Smike, Fame, Seussical, and Avenue Q, to name but a few. Catherine particularly enjoys working with children and young people, encouraging and inspiring them to achieve and maintain high standards in the performing arts. Catherine now divides her time between her role as Principal of her own dance and theatre school in Hampshire, teaching dance, working with youth theatre companies, teaching the DDE qualification and adjudicating. She is an Adjudicator for The British and International Federation of Festivals

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# Syllabus

## CLASSICAL BALLET SOLOS

**Junior:** not to exceed one and a half minutes

## CLASSICAL BALLET

### CLASS

1. Baby class 6 years and under
2. 7 and 8 years
3. 9 and 10 years

## CLASSICAL or STYLISED BALLET

**Senior:** not to exceed two minutes

4. 11 and 12 years
5. 13 and 14 years
6. 15 to 18 years

## CONTEMPORARY or MODERN BALLET

not to exceed two minutes

7. 13 and 14 years
8. 15 to 18 years

## CHARACTER

**Junior:** not to exceed one and a half minutes

9. Baby class 6 years and under
10. 7 and 8 years
11. 9 and 10 years

**Senior:** not to exceed 2 minutes

12. 11 and 12 years
13. 13 and 14 years
14. 15 to 18 years

## NATIONAL (with or without song)

**Junior:** not to exceed one and a half minutes

15. Baby class 6 years and under
16. 7 and 8 years
17. 9 and 10 years

**Senior:** not to exceed two minutes

18. 11 and 12 years
19. 13 and 14 years

20. 15 to 18 years

**STAGE SOLOS**

**SONG AND DANCE**

**CLASS**

**Junior:** not to exceed two minutes

21. Baby class 6 years and under

22. 7 and 8 years

23. 9 and 10 years

**Senior:** not to exceed two and a half minutes

24. 11 and 12 years

25. 13 and 14 years

26. 15 to 18 years

**MODERN DANCE**

**Junior:** not to exceed one and a half minutes

27. Baby class 6 years and under

28. 7 and 8 years

29. 9 and 10 years

**Senior:** not to exceed two minutes

30. 11 and 12 years

31. 13 and 14 years

32. 15 to 18 years

**TAP DANCE**

**Junior:** not to exceed one and a half minutes

33. Baby class 6 years and under

34. 7 and 8 years

35. 9 and 10 years

**Senior:** not to exceed two minutes

36. 11 and 12 years

37. 13 and 14 years

38. 15 to 18 years

## **CLASSICAL BALLET DUETS**

### **CLASS**

**Junior:** not to exceed two and a half minutes

39. 10 years and under

### **CLASSICAL or STYLISED BALLET**

not to exceed two and a half minutes

40. Intermediate 14 years and under

41. Senior 21 years and under

### **CONTEMPORARY or MODERN BALLET**

not to exceed two and a half minutes

42. Senior 21 years and under

### **CHARACTER**

not to exceed two and a half minutes

43. Junior 10 years and under

44. Intermediate 14 years and under

45. Senior 21 years and under

### **NATIONAL**

not to exceed two and a half minutes

46. Junior 10 years and under

47. Intermediate 14 years and under

48. Senior 21 years and under

## **STAGE DUETS**

### **SONG AND DANCE**

not to exceed three minutes

49. Junior 10 years and under

50. Intermediate 14 years and under

51. Senior 21 years and under

### **MODERN**

not to exceed two and a half minutes

52. Junior 10 years and under

53. Intermediate 14 years and under

54. Senior 21 years and under

### **TAP**

not to exceed two and a half minutes

55. Junior 10 years and under

56. Intermediate 14 years and under

57. Senior 21 years and under

## **BALLET TRIOS AND QUARTETS**

### **CLASSICAL BALLET**

CLASS not to exceed two and a half minutes

58. Junior 10 years and under

### **CLASSICAL or STYLISED BALLET**

not to exceed two and a half minutes

59. Intermediate 14 years and under

60. Senior 21 years and under

### **CONTEMPORARY or MODERN BALLET**

not to exceed two and a half minutes

61. Senior 21 years and under

### **CHARACTER**

not to exceed two and a half minutes

62. Junior 10 years and under

63. Intermediate 14 years and under

64. Senior 21 years and under

### **NATIONAL**

not to exceed two and a half minutes

65. Junior 10 years and under

66. Intermediate 14 years and under

67. Senior 21 years and under

## **STAGE TRIOS AND QUARTETS**

### **SONG AND DANCE**

not to exceed three minutes

68. Junior 10 years and under

69. Intermediate 14 years and under

70. Senior 21 years and under

### **MODERN**

not to exceed two and a half minutes

71. Junior 10 years and under

72. Intermediate 14 years and under

73. Senior 21 years and under

### **TAP**

not to exceed two and a half minutes

74. Junior 10 years and under

75. Intermediate 14 years and under

76. Senior 21 years and under

## **BALLET GROUPS (8 Dancers Minimum – 24 Maximum)**

### **CLASSICAL BALLET GROUP**

CLASS not to exceed four minutes

77. Junior 10 years and under

### **CLASSICAL or STYLISED BALLET GROUP**

not to exceed four minutes

78. Intermediate 14 years and under

79. Senior 21 years and under

### **CONTEMPORARY or MODERN BALLET GROUP**

not to exceed four minutes

80. Senior 21 years and under

### **CHARACTER GROUP**

not to exceed four minutes

81. Junior 10 years and under

82. Intermediate 14 years and under

83. Senior 21 years and under

### **NATIONAL GROUP**

not to exceed four minutes

84. Junior 10 years and under

85. Intermediate 14 years and under

86. Senior 21 years and under

## **STAGE GROUPS**

### **MODERN GROUP**

not to exceed four minutes

87. Junior 10 years and under

88. Intermediate 14 years and under

89. Senior 21 years and under

### **TAP GROUP**

not to exceed four minutes

90. Junior 10 years and under

91. Intermediate 14 years and under

92. Senior 21 years and under

### **SONG AND DANCE GROUP**

not to exceed four and a half minutes

93. Junior 10 years and under

94. Intermediate 14 years and under

95. Senior 21 years and under

### **MUSIC THEATRE PRODUCTION GROUP**

CLASS An act or excerpt not to exceed eight minutes

96. Junior 10 years and under 13 years

97. Senior 14 to 18 years

### **GYMNASTIC GROUP**

98. Junior under 10 years not to exceed four minutes

99. Senior 11 to 18 years not to exceed five minutes

### **DISCO DANCE GROUP**

not to exceed four minutes

100. 6 years and under

101. 10 years and under

102. 14 years and under

103. 21 years and under

### **ADULT (over 21) SOLOS, DUETS, TRIOS, and GROUPS**

not to exceed three minutes for solos, duets and trios  
and five minutes for groups

104. Tap

105. Modern

106. Song and Dance

107. Disco

108. National

109. Ballet

110. Contemporary

Many Thanks from all of us at  
**North Norfolk Festival of Performing Arts**